



fuse

The Centre for Translational
Research in Public Health



NHS
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Tyne and Wear
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**Northumbria
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NEWCASTLE

**Fuse QRM: Developing a systematic and integrated approach to mental health in the
North East and North Cumbria**

Wednesday 22 January 2020, 9.30 – 14.30

The Headley Suite, Sandyford Building, Northumbria University, City Campus, Newcastle

PROGRAMME

This QRM is co-organised with the North of England Commissioning Support unit and the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, brings together academic researchers and practitioners with an interest in mental health, within the framework of the North East and North Cumbria Integrated Care System Mental Health work stream.

The event will provide an overview of existing mental health research, policy and practice in the region; identify cross-cutting themes and needs for future research and collaborations; and explore structural opportunities for developing these collaborations and research projects.

9.30am	Coffee and registration
10.00am	Welcome and introductions/ Background & aims of the day
10.15am	Speaker 1 <ul style="list-style-type: none"> • Shona Haining, Head of Research & Evidence, North of England Commissioning Support (NECS) <i>'Benefits of collaboration between practice and academia to improve patient care and mental health'</i>
10.30am	Speaker 2 <ul style="list-style-type: none"> • Gail Kay, ICS Mental Health Programme Director, NTW NHS FT <i>'Overview of the ICS MH programme and how it supports collaboration'</i>
10.45am	Speaker 3 <ul style="list-style-type: none"> • Emily Henderson, Associate Professor and Academic Lead Children & Young People's Mental Health & Wellbeing, Northumbria University <i>'Working across agencies addressing Adverse Childhood Experiences'</i>
11.00am	Speaker 4 <ul style="list-style-type: none"> • Peter van der Graaf, Fuse Knowledge Exchange Broker, Teesside University <i>'Examples of successful research collaborations between academia and practice in the North East'</i>



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11.15am	Panel questions and answers
11.30am	Coffee break
11.45am	Activity scoping – Facilitated group work
12.15pm	Feedback from group discussion
12.30pm	Lunch
1.00pm	<p>Facilitated group discussion – Planning actions</p> <p>Seven tables:</p> <ol style="list-style-type: none"> 1. Older People 2. Zero Suicide 3. Child Health 4. Physical Health 5. Long-term conditions PPS 6. Employment 7. MH Optimising Acute Services <p>Each table completes a Thinking Hats exercise (30 minutes) to identify research priorities, followed by a nominal group feedback exercise to pool ideas for a collaborative research project.</p> <div data-bbox="1098 734 1356 1169" data-label="Image"> <p>Six Thinking Hats®</p> <ul style="list-style-type: none"> Blue Hat Process White Hat Facts Red Hat Feelings Green Hat Creativity Yellow Hat Benefits Black Hat Cautions </div>
2.00pm	Feedback from group discussion
2.15pm	Summary of actions and next steps
2.30pm	Close of event